

Case study response

This activity is generally more effective if classes are separated into smaller groups to allow for group discussion but if time is short the activity can be done with everyone in the class working together.

Each group should be given one of the case studies of a young person having to care for someone in their family, a piece of flip chart paper, a marker pen and a copy of the case study response questions (see next page).

Pupils should read the case study, discuss what is happening and agree on answers to the questions.

The class should discuss each groups responses. Emphasis should be given to the real responsibilities that young carers in the case studies actually have and how their own opportunities for friendship, leisure, extra curricular and even ordinary school work may be restricted by the tasks they do.

They should also be asked how they could help and support a person of their age who is a young carer.

Case study response sheet

Read your case study then answer the following:

1. Make a list of the responsibilities and tasks that your young carer has done, does now or may do now or in the future.

2. How might the young carer in your case study FEEL about these roles and responsibilities?

3. What problems, concerns or worries do you think the young carers in your case study might have?
 - At home.

 - At school.

 - With their friends.

 - With finding leisure time.

 - In the future.

4. Think about how different or similar **your** roles and responsibilities are to that of the young carer in the case study. How could you help and support a young carer?