

06 Young carer support options

Name: _____ Class: _____

Please tick the options you would find helpful	✓
Access to telephone to call home if worried or concerned.	
Support to enable homework and coursework to be completed.	
Weekly/fortnightly lunchtime peer-support group for young carers.	
Respite, such as outings, trips etc.	
A named person to talk to when things get tough.	
Information about the illness or disability of the person you care for.	
Information about being a young carer.	
Support to write a crisis plan in case the person you care for needs to be admitted to hospital.	
What else would you find helpful?	